

# PLAY IT FORWARD

1. **put a quarter in a meter, any meter, that's about to expire**
2. **leave a copy of a really great book you've read in a cafe for someone else to enjoy**
3. **be nice to the customer service people who are trying to help you with your technological difficulties**
4. **tip your restaurant server generously**
5. **thank the cooks, wait-staff and bussers personally**
6. **say something nice or funny or goofy to the toll booth attendant (like, "Don't drive too fast, now" or "Glad to have encountered you today", or something less hokey)**
7. **forgive a driver directing road rage at you**
8. **buy or pack a meal for a homeless person (or give him/her your to-go box from a restaurant)**
9. **give a warm coat to a homeless person**
10. **offer to do pro bono work on a project where your skills are needed**
11. **mentor someone**
12. **make a donation**
13. **say a prayer or whisper a kind wish for someone**
14. **compliment a stranger**
15. **send a box of donuts or bagels or muffins to a construction site**
16. **next time you leave a foreign country, give all or some of what's left of your currency to someone who resides in that country**
17. **next time you're at the airport, offer to pull the bags belonging to a woman or a mother with child out of the conveyor belt**
18. **praise generously**
19. **give local tips (re: restaurants, sights, etc.) to a tourist**
20. **show respect equally to all human beings**
21. **put a tip in a street musician's jar**
22. **let someone cut in front of you at the grocery store**
23. **tell a funny joke to a stranger**
24. **give someone a chance to prove him or herself**
25. **encourage someone to pursue their dream**
26. **allow someone to let his or her light shine**

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27. **show support to an artist or writer or musician**
28. **hold the door open for someone**
29. **tip a cab driver generously**
30. **teach a child something you wish you knew at that age**
31. **smile at someone who's sad**
32. **smile at strangers**
33. **offer sincere, kind words to someone who's hurting**
34. **visit a hospice and spend some time with a terminally ill patient**
35. **volunteer at a battered women's shelter**
36. **spend some time with a senior citizen living alone**
37. **give up your seat on a crowded bus or train or ferry**
38. **inspire someone to be the best that they can be**
39. **give someone the benefit of the doubt**
40. **offer to babysit for a single mother**
41. **offer the FedEx, UPS or DHL delivery person something to drink especially on a warm day**
42. **help a pregnant lady**
43. **sit and talk with a homeless person and learn their story**
44. **loan something to someone and forget about it**
45. **loan money on [Kiva](#)**
46. **contribute to a friend's child's education fund**
47. **give blood**
48. **show respect to a soldier regardless of your pacifism**
49. **donate to or volunteer for the Make-A-Wish Foundation**
50. **replace an angry or bitter thought toward someone with a loving thought (or at least try)**

**It's a fun thing to do once in a while. Sure, it costs a few dollars. But the thrill of doing something nice and completely unexpected for an unsuspecting perfect stranger, who will never know who was ahead in line and therefore will never know who to thank or give credit to, is a great way to remind others that there is still a world full of kindness and generosity out there. <http://thehalfwaypoint.net>**